



## Definition of Partnership Levels

### EVERLASTING RETREAT

#### Assisted Living Base

**Monthly Rate: \$8,495**

*Includes up to 25% Physical or Cognitive Partnership*

*For residents who remain largely independent but now require light hands-on assistance for safety, comfort, and dignity.*

#### ● SAFETY FIRST — Where Assisted Living Truly Begins

- 24-hour **awake staff physically present**
- Immediate **in-person response** to calls or concerns
- Ongoing **fall risk monitoring**
- **Hands-on assistance up to 25%** for safety with daily tasks
- Real-time monitoring for subtle decline (fatigue, balance, confusion, appetite)

#### ● All Meals, Hydration & Dining Support

- Three fully prepared daily meals
- Snacks and hydration encouraged and monitored
- Staff oversight to ensure nutritional consistency

#### ◆ Housekeeping & Laundry — Always Included

- Weekly room cleaning: dusting, sweeping, mopping
- **All personal laundry included**
- Weekly bed linen changes or as needed  
*(Most assisted living communities charge additional monthly laundry fees — we do not.)*

We simply take care of it.

No more late-night Amazon orders.

No more emergency trips to the pharmacy.

No more wondering if Mom is almost out.



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- Other medically necessary disposable personal care supplies
- PureWick™ catheters and collection canisters
- Personal hygiene and bathing wipes
- Disposable underpads (Chux)
- Bladder control pads and liners
- Incontinence briefs and protective underwear

### **Essential items include:**

Items are purchased at our actual cost and are conveniently billed as a separate line item on your monthly statement.

We monitor supplies, reorder them before they run out, and ensure they are readily available when needed.

As part of our commitment to making life easier for families, HolistiCare Homes manages the ordering, inventory, and replacement of essential disposable personal care supplies.

One Less Thing for Families to Remember

### **HolistiCare Peace of Mind Essentials™**

### **Medication Management & Safety Monitoring**

- Medications filled and delivered by:
  - Seifert Drug (Elkhart)
  - Hospice provider
  - Or family
- **Hands-on medication management as needed**
- Monitoring for side effects, missed doses, and changes in tolerance
- Physician and family communication when concerns arise

### **Basic Self-Care Partnership (Up to 25%)**



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Includes **light physical or cognitive assistance** with:

- Grooming and hygiene
- Bathing
- Dressing
- Toileting
- Mobility to and from meals or common areas

The resident remains primarily independent, with staff stepping in **only where safety requires it.**

### ♥ Daily Engagement & Meaningful Living

- Daily gentle exercise
- Purpose-driven activities (not just entertainment)
- Social engagement built around abilities and interests

### 🚗 Scheduling & Transportation Partnership

- Coordination of medical appointments
- Therapy scheduling
- Transportation support as needed



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### SOPHISTICATED SUPPORT

#### **Assisted Living with Moderate Care**

**Base \$8,495 + \$1,250 = \$9,745 / month**

*Requires more than 25% partnership with personal care*

*For residents who now require consistent hands-on support while still maintaining some independence.*

#### **Enhanced Safety & Hands-On Monitoring**

- 24-hour awake care partners
- Consistent **hands-on assistance with ADLs**
- Increased observation for:
  - Fall risk
  - Cognitive fluctuations
  - Fatigue and endurance
- Immediate escalation of care when decline is detected

#### **Personal Care Partnership (More Than 25%)**

Hands-on assistance with:

- Grooming and hygiene
- Bathing and shower transfers
- Dressing (upper and/or lower body)
- Toileting and peri-care
- Mobility to and from meals and common areas

#### **Full Medication Assistance & Monitoring**

- Staff-assistance with medications
- Monitoring for:



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- Effectiveness
- Adverse reactions
- Missed doses
- Coordination with physicians, hospice, and families

### **🍴 Dining, Eating Cueing & Hydration Monitoring**

- Physical assistance as needed for:
  - Pace setting or Tray setup
  - Cueing during meals
- Ongoing hydration reminders and monitoring

### **🧼 Full Housekeeping & Laundry**

- All cleaning and laundry included
- Increased linen and clothing changes as needed due to care needs

### **❤️ Emotional Support & Cognitive Engagement**

- Tailored daily engagement
- Emotional reassurance for residents experiencing:
  - Anxiety
  - Confusion
  - Adjustment challenges

### **💙 HolistiCare Peace of Mind Essentials™**



## Definition of Partnership Levels

### **REFINED CARE**

#### **Advanced Assisted Living**

**Base \$8,495 + \$2,500 = \$10,995 / month**

*Requires more than 50% physical or cognitive partnership*

*For residents needing significant daily physical support and close clinical oversight.*

#### **Advanced Safety & Continuous Hands-On Care**

- Near-continuous staff presence and support
- High fall-risk protocols
- Ongoing reassessment of mobility, cognition, and endurance

#### **Extensive Personal Care Assistance (More Than 50%)**

Hands-on support with:

- Grooming & hygiene
- Upper and lower body dressing
- Bathing
- Toileting and peri-care
- Transfers and mobility
- Escort to all meals and activities

#### **Advanced Medication & Health Monitoring**

- Full assistance with medications
- Monitoring for:
  - Complex medication regimens
  - Side effects
  - Behavioral or neurological changes



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- Active coordination with medical providers

### **👤 Dining & Nutrition Support**

- Physical eating assistance as needed
- Modified textures and diet monitoring
- Close hydration tracking

### **❤️ Cognitive & Emotional Support**

- Consistent reassurance and redirection
- Structured daily routine to minimize anxiety and confusion
- Family communication regarding changes in condition

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## Definition of Partnership Levels

### **ULTIMATE GUIDANCE**

#### **Highest Level of Care**

**Base \$8,495 + \$4,000 = \$12,495 / month**

*Requires greater than 75% physical or cognitive partnership*

*For residents who are fully dependent for most personal care and require intensive, compassionate support.*

#### **Maximum Safety & Total Care Environment**

- Continuous care partner presence
- Full fall prevention protocols
- Mechanical lift use as required
- Total hands-on assistance for all care needs

#### **Total Personal Care Assistance (Greater Than 75%)**

Hands-on care with:

- Grooming and hygiene
- Full dressing
- Complete bathing
- All toileting and peri-care
- All transfers and mobility
- Repositioning for comfort and skin integrity

#### **Complex Medication & Clinical Oversight**

- Full assistance
- Monitoring for advanced disease progression



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- End-of-life comfort collaboration with palliative care or hospice when appropriate

### **👤 Full Feeding Assistance & Nutrition Support**

- Hand under Hand eating assistance when needed
- Texture modification and fluid consistency monitoring
- Comfort-focused nutrition approach

### **❤️ Comfort-Centered Living & Family Support**

- Emotional presence and reassurance
- Comfort-focused routines
- Family guidance and communication during advanced illness
- Support for end-of-life transitions when appropriate

### **💙 HolistiCare Peace of Mind Essentials™**