You're Not Looking for Someone to Take Care of Mom.
You're Looking for Someone You Can Trust to Care About Her the Way You Do.

How do we help you stop being Mom's full-time care manager...so you can be her daughter again?

Your HolistiCare Partnership Guide

What your monthly investment includes, and what it gives back to you

Meals, medications, housekeeping, and help with personal care matter. You will remember whether Mom felt understood, whether someone noticed the small changes, and whether she was treated with patience on a difficult day.

HolistiCare Homes was built around partnership. We protect independence wherever it remains safe, step in when help is needed, and keep you informed so that you are not carrying the entire responsibility alone.

We don't simply provide assisted living. We help children become children again.

Our leaders and team members receive Teepa Snow Positive Approach to Care training and use those skills throughout the day. That means your loved one is approached with understanding, dignity, and respect, and you can stop wondering whether anyone will care for Mom or Dad the way you would.

What this means for you You gain a small, highly personal care setting where Mom or Dad is known and you have an entire team paying attention with you.

Included at Every Partnership Level

These are not higher-priced add-ons. They are part of the HolistiCare experience from the day your loved one moves in.

Safety First

- 24-hour awake team members are physically present, so that help is already in the home if Mom needs someone during the day or night.
- Immediate in-person response to calls or concerns, which means she never has to wait alone when something doesn't feel right.
- Ongoing observation for changes in strength, balance, cognition, and overall well-being, so that changes are recognized before they become larger problems.
- Real-time attention to fatigue, balance, confusion, and appetite, so that small changes are noticed before a crisis forces the family into reaction mode.

All Meals Hydration and Dining Support

- Three fully prepared daily meals, so that you no longer have to wonder whether Mom is eating more than toast, snacks, or whatever is easiest.
- Snacks and hydration are encouraged and monitored, which means someone is paying attention even when your loved one forgets to ask for a drink.
- Team-member oversight for nutritional consistency, so that changes in appetite or eating habits do not go unnoticed.

Housekeeping and Laundry

- Weekly room cleaning, including dusting, sweeping, and mopping, so that your visits can be spent with Mom instead of catching up on chores.
- All personal laundry is included, which means one less basket, one less errand, and one less responsibility waiting for you each week.
- Weekly bed-linen changes, or more often when needed, so that Mom or Dad remains comfortable and his room continues to feel cared for. Unlike many communities, we do not add a separate laundry fee, if it needs done, it gets done.

Medication Partnership and Safety Monitoring

- Medications may be filled and delivered by Seifert Drug, hospice, or family, so that the medication plan can remain coordinated with the people already involved in Mom's care.
- Medication assistance is provided as needed, which means you are not carrying the daily worry of whether a dose was missed or taken incorrectly.
- We watch for side effects, missed doses, and changes in tolerance, so that concerns can be reported before they grow into larger problems.
- Physician and family communication when concerns arise, which means you are not left trying to connect the dots among providers, pharmacy, and the home.

Included at Every Partnership Level

Daily Engagement and Meaningful Living

- Gentle daily movement matched to current abilities, so that strength, confidence, and mobility are supported for as long as possible.
- Purpose-driven activities rather than entertainment for entertainment's sake, which means Dad still has opportunities to contribute, choose, create, and succeed.
- Engagement built around abilities and interests, so that she is known as a person rather than placed into a one-size-fits-all activity calendar.

Scheduling and Transportation Partnership

- Coordination of medical appointments, so that fewer details fall back onto you, you're already managing everything else.
- Therapy scheduling, which means important services are less likely to be delayed because no one had time to make another phone call.
- Transportation support as needed, so that getting to care does not automatically require you to rearrange your entire day.

Intentional One on One Engagement

A room full of people does not automatically create connection. Someone can sit in a crowded activity room and still feel invisible.

- Engagement is based on personal history, interests, abilities, and the kind of interaction Mom enjoys, so that she is not expected to fit into someone else's idea of fun.
- One-on-one time is built into care rather than left to chance, which means someone notices whether Dad is withdrawing, lonely, restless, or simply needing a familiar face.
- PAC-trained team members adapt the approach when dementia changes communication, so that Mom can still experience success, belonging, and genuine human connection.

Peace of Mind Essentials

Personal-care supplies may look like a small detail until you are the person checking closets, comparing prices, placing late-night orders, and driving across town because Mom is almost out of something she needs.

HolistiCare Homes manages the ordering, inventory, and replacement of essential disposable personal-care supplies. Items are purchased at our actual cost and billed as a separate line item, so that you receive the convenience of full supply management without an inflated package price.

- PureWick catheters and collection canisters
- Personal hygiene and bathing wipes
- Disposable underpads
- Bladder-control pads and liners
- Incontinence briefs and protective underwear

What this means for you We monitor supplies and reorder before they run out, which means no more inventory checks, emergency store runs, or late-night Amazon orders. It is one less invisible job living in your head.

Included at Every Partnership Level

Community Connection Events and Outings

A smaller home should never mean a smaller life. We create opportunities for residents to remain connected through visitors, special events, and outings chosen around their interests and abilities.

What this means for you Mom or Dad is not merely surrounded by people. They are known by people, included by people, and given reasons to participate in the life happening around them.

Your HolistiCare Partnership Level

The monthly rate is based on the assistance your loved one needs today. An assessment helps us identify the level that keeps her safe without taking over the things she can still do.

Independent Living Plus **Up to 25 percent assistance with bathing and mobility only**	**$6,997**

Best for someone who still handles dressing, grooming, toileting, eating, and most of her day independently, but bathing or moving safely has begun to make you hold your breath.

Level specific support Up to 25 percent physical or cognitive assistance with bathing and mobility. All other personal-care activities are completed independently, so Mom receives the help she needs without paying for assistance she does not yet require.

Everlasting Retreat **Up to 25 percent assistance with any or all basic self care needs**	**$7,260**

Best for someone who still does much for himself, but the reminders, stand-by help, and little rescues are starting to show up everywhere. Without someone paying attention, skipped showers, unchanged clothes, unsafe bathroom trips, or untouched meals can gradually become the family's next crisis.

Level specific support Up to 25 percent physical or cognitive assistance with any or all basic self-care needs, including bathing, mobility, dressing, grooming, toileting, and eating. Assistance is not limited to two tasks.

Sophisticated Support **More than 25 percent assistance**	**$8,495**

Best for someone who needs more than an occasional hand. When getting dressed, reaching the bathroom, transferring safely, or finishing a meal depends on another person being there, the family can no longer patch the day together with phone calls and quick visits.

Level specific support More than 25 percent physical or cognitive assistance with personal care, mobility, transfers, toileting, dressing, bathing, dining, and other routines throughout the day.

Your HolistiCare Partnership Level

Refined Care More than 50 percent assistance	$9,375

Best for someone whose needs now shape most of the day. She may be unable to complete large portions of personal care, transfer safely, stay hydrated, or work through confusion without close observation and substantial help.

Level specific support More than 50 percent physical or cognitive assistance with personal care, transfers, mobility, toileting, eating, hydration, and emotional support. Someone is watching the patterns so a decline does not have to become the emergency that finally gets everyone's attention.

Ultimate Guidance Greater than 75 percent assistance	$10,865

Best for someone who can no longer safely carry most of her own daily care. At this stage, comfort, skin protection, safe transfers, nourishment, and even communicating distress may depend on familiar people who know what to notice and how to respond.

Level specific support Greater than 75 percent physical or cognitive assistance with most daily needs, including advanced disease support, mechanical-lift support when required, repositioning, feeding assistance, and comfort-focused care in partnership with hospice or palliative providers.

Care Needs Can Move in Either Direction

A partnership level is not a permanent label. If your loved one becomes stronger and needs less assistance, she may move to a lower level and her monthly rate will be adjusted. If her needs increase, we will talk with you before changing her partnership level or monthly rate.

What the percentages mean

The percentage reflects how much of a task the Care Partner completes through physical help, cognitive guidance, or both. We look at the resident's actual performance across the day rather than relying only on a diagnosis.

What Partnership Gives Back to Your Family

Meals, medications, housekeeping, and help with personal care matter. What you will remember is whether Mom felt understood, whether someone noticed the small changes, and whether she was treated with patience on a difficult day.

In our small home, your loved one is known. Her preferences, routines, abilities, and difficult moments do not disappear into a large system. Our Care Partners adjust their approach as her needs change while continuing to protect her dignity and independence.

You stay informed and involved without having to manage every meal, medication, appointment, supply order, and care decision yourself.

Your Next Step

We will complete a personal assessment, talk with you about what your loved one can do independently, and identify where she needs physical or cognitive assistance. You will know the recommended partnership level and monthly rate before making a decision.